



# School SBIRT Training

(Screening, Brief Intervention, and Referral to Treatment)  
*A Training Opportunity for Middle and High School Student Services Staff*

## What is SBIRT?

SBIRT offers an efficient, evidence-based, and comprehensive service to address selected behavioral health concerns among adolescents. The service begins with administering a standardized Screening instrument. For students who show moderate or high risk results, a Brief Intervention (BI) is conducted. The BI is delivered with motivational interviewing and is protocol-guided. For those students who show high risk concerns and who do not respond to the BI, a Referral to Treatment may be initiated.

## Why SBIRT in Schools?

- Evidence-based for addressing student alcohol/drug involvement and evidence-informed for addressing a range of other behavioral concerns, including attendance, classroom behavior, and mental health
- Student-centered and strength-based
- Teens rate the service with high levels of satisfaction
- Provides a Tier II and Tier III practice with PBIS
- Response-to-Intervention can be ascertained by using baseline and follow-up screening results

## Training Description:

- **A requirement of registration is to complete a Pre-training Reading Assignment** available at: [www.wishschools.org/resources/schoolsbirt.cfm](http://www.wishschools.org/resources/schoolsbirt.cfm)
- **Initial Training** (Day 1) — Overview of SBIRT, introduction to the requisite skills (Motivational Interviewing), and practice on delivering protocol-guided Brief Intervention services. Audiotape delivery of Brief Intervention.
- **Adopt SBIRT Into Practice and Continue Implementation Planning** — Staff deliver SBIRT services and track initial implementation. Staff meet with student services leadership to develop Implementation Plan.
- **Follow-up Training** (Day 2) — Staff receive individualized feedback from fidelity review of audiotape. Continue skill building, practice delivering SBIRT, and refining Implementation Plan. Audiotape delivery of Brief Intervention
- **Implementation Coaching and Technical Assistance** — Staff can participate in monthly implementation coaching calls.

*This training is open to School SBIRT Implementation Cohort Schools and any other schools ready to implement SBIRT.*

**\*\* SBIRT LOCATIONS, TIMES and DATES on PAGE 2 \*\***



## TIME:

Workshop: 8:30am-3:30pm  
Registration: 8:00am-8:30am

## DATES/LOCATIONS:

### ■ October 25, 2019 & January 20

Oregon High School  
456 North Perry Parkway  
Oregon, WI 53575

**Contact:** Jackie Schoening, CESA #6  
(920) 236-0515; [jschoening@cesa6.org](mailto:jschoening@cesa6.org)

### ■ October 30, 2019 & January 14, 2020

CESA #3, 1300 Industrial Drive  
Fennimore, WI 53809

**Contact:** Jackie Schoening, CESA #6  
(920) 236-0515; [jschoening@cesa6.org](mailto:jschoening@cesa6.org)

### ■ November 4 & December 19, 2019

CESA #10, 725 West Park Avenue  
Chippewa Falls, WI 54729

**Contact:** Carol Zabel, CESA #10  
(715) 720-2145; [czabel@cesa10.org](mailto:czabel@cesa10.org)

### ■ November 5, 2019 & January 7, 2020

The Ingleside Hotel  
2810 Golf Rd, Pewaukee, WI 53072

**Contact:** Christine Kleiman, CESA #7  
(920) 617-5645; [ckleiman@cesa7.org](mailto:ckleiman@cesa7.org)

### ■ November 8, 2019 & January 9, 2020

CESA #7, 595 Baeten Road  
Green Bay, WI 54304

**Contact:** Christine Kleiman, CESA #7  
(920) 617-5645; [ckleiman@cesa7.org](mailto:ckleiman@cesa7.org)

### ■ November 20, 2019 & January 24, 2020

CESA #6, 2300 State Road 44  
Oshkosh, WI 54904

**Contact:** Jackie Schoening, CESA #6  
(920) 236-0515; [jschoening@cesa6.org](mailto:jschoening@cesa6.org)

### ■ November 22, 2019 & January 17, 2020

Mid State Technical College-Stevens Point  
1001 Centerpoint Drive  
Stevens Point, Wisconsin 54481

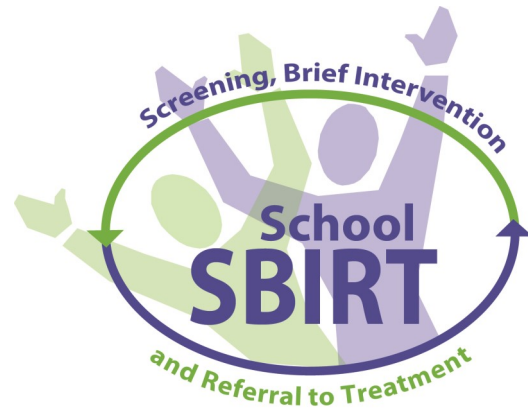
**Contact:** Lynn Verage, CESA #9  
(715) 453-2141; [lverage@cesa9.org](mailto:lverage@cesa9.org)

## Workshop Questions:

Tracy Herlitzke (608) 786-4838; [therlitzke@cesa4.org](mailto:therlitzke@cesa4.org)

## Registration Questions:

Mary Devine (608) 786-4800; [mdevine@cesa4.org](mailto:mdevine@cesa4.org)



## REGISTER ONLINE:

### ■ Oregon—October 25, 2019 & January 20, 2020

[https://login.myquickreg.com/register/event/event.cfm?from\\_cms=1&eventid=24752](https://login.myquickreg.com/register/event/event.cfm?from_cms=1&eventid=24752)

### ■ Fennimore—October 30, 2019 & January 14, 2020

[https://login.myquickreg.com/register/event/event.cfm?from\\_cms=1&eventid=24674](https://login.myquickreg.com/register/event/event.cfm?from_cms=1&eventid=24674)

### ■ Chippewa Falls—November 4 & December 19, 2019:

[https://login.myquickreg.com/register/event/event.cfm?from\\_cms=1&eventid=23885](https://login.myquickreg.com/register/event/event.cfm?from_cms=1&eventid=23885)

### ■ Pewaukee — November 5, 2019 & January 7, 2020

[https://login.myquickreg.com/register/event/event.cfm?from\\_cms=1&eventid=23886](https://login.myquickreg.com/register/event/event.cfm?from_cms=1&eventid=23886)

### ■ Green Bay — November 8, 2019 & January 9, 2020

[https://login.myquickreg.com/register/event/event.cfm?from\\_cms=1&eventid=23887](https://login.myquickreg.com/register/event/event.cfm?from_cms=1&eventid=23887)

### ■ Oshkosh — November 20, 2019 & January 24, 2020:

[https://login.myquickreg.com/register/event/event.cfm?from\\_cms=1&eventid=23888](https://login.myquickreg.com/register/event/event.cfm?from_cms=1&eventid=23888)

### ■ Stevens Point — November 22, 2019 & January 17, 2020:

[https://login.myquickreg.com/register/event/event.cfm?from\\_cms=1&eventid=23889](https://login.myquickreg.com/register/event/event.cfm?from_cms=1&eventid=23889)

**COST:** \$100/per person (Lunch and snacks provided)

Payable to CESA #4

No cost for Cohort Schools

## Send Payment to:

CESA #4 ATTN: Mary Devine,  
923 East Garland Street,  
West Salem, WI 54669

PLEASE include and clearly define: Participant name, exact name of workshop, and date, with all checks or purchase orders.  
Thank you!